



OSBORN HOUSE DAY SPA

TREATMENT MENU



OUR PHILOSOPHY

Breathe In, Breathe Out

Most of us have likely visited a hotel spa before. But few of us probably remember what the experience was actually like. At Osborn House, we make it impossible to forget. Here, we don't just offer luxurious spa treatments, we create space for a truly transformative journey of the mind, body, and spirit. That's how every treatment at our ultra-luxe spa begins, with simple breath work. As you take in the clean country air of the highlands, you enter a state of relaxation that deepens throughout your journey with us.



SPA JOURNEYS

Relax, Repeat Journey

Sometimes, a traditional one-hour treatment doesn't cut it. This is one of those times. Put your feet up and unwind your mind during this tension-easing treatment featuring a customised facial and full-body hot stone massage. Muscles will relax, years will return, and you'll wonder why you didn't do this sooner. Stress? Never heard of her.

90-mins \$300 weekdays | \$330 weekends

120-mins \$365 weekdays | \$395 weekends

Spiritually Soaked Journey

Get back to nature with this nourishing full body scrub, detoxifying facial, and massage treatment trio that will leave your skin rehydrated, rejuvenated, and reborn. An immersive experience, feel like you're frolicking in the forest on a rainy afternoon without ever leaving the comfort of Osborn House Spa. What a trip!

90-mins \$320 weekdays | \$350 weekends

120-mins \$385 weekdays | \$415 weekends

The Couple's Journey

Embark on a tranquil 120-minute voyage designed for couples, where blissful relaxation awaits. Choose from one of our signature 60-minute relaxation massages, featuring options like the OMG, Rock Star, or Earthly Elements Massage. Following this, immerse yourselves in ultimate serenity with our renowned Back to Base Facial, ensuring a complete and rejuvenating experience from head to toe. Unwind together and create lasting moments of pure relaxation at Osborn House Spa. Pricing for two people.

120-mins \$715 weekdays | \$785 weekends

The Girl's Spa Date

Celebrate special moments with your best friends with our 120-minute Girl's Spa Date – an indulgent journey meant to be shared. Enjoy a 60-minute OMG Massage, followed by your choice of either our Back to Base Facial or the express Out of This World Facial. Your group will depart feeling rejuvenated, relaxed, and ready to cherish the memories created during this spa experience at Osborn House Spa.

120-mins \$355 weekdays | \$390 weekends



FACIALS

Out of This World Dermalux LED Facial

Ultra-luxe and luminous, this anti-aging facial puts the extra in extraordinary. Pairing potent actives and antioxidants to repair environmentally stressed skin and enhance skin cell productivity with Dermalux LED phototherapy. Completed with an invigorating Akwaterra massage for the ultimate upper body indulgence. Book in and bask in the glow up.

90-mins \$285 weekdays | \$305 weekends

We've Got You Covered Facial

No one knows your skin better than you do...except us. Leave it to our expert team to tailor a treatment based around what nutrients your skin seeks right now. Using precious crystal quartz tonics and gua sha layered with hydrating botanicals and serums, we'll restore your skin back to radiant health.

60-mins \$190 weekdays | \$210 weekends

90-mins \$255 weekdays | \$275 weekends

Back to Base Facial

There's nothing basic about your base. A gentle reminder that sometimes less truly is more, let us restore your skin's natural balance using a range of premium Australian skincare that'll give you that unedited glow from the inside out. Forget filters, you really did wake up like this.

60-mins \$190 weekdays | \$210 weekends

LED Rejuvenate Therapy Facial

Our Dermalux Treatment instantly boosts the complexion to restore vitality and glow to the skin in as little as one treatment. The treatment energises the skin to instantly revitalise a dull complexion, restore luminosity and calm irritation whilst being able to target specific skin concerns.

30-mins | \$115 (Mon-Fri) | \$125 (Sat-Sun)

Dermalux Power Plan

Pay for 10 Dermalux treatments and receive 2 treatments FREE. Supercharge your skin for visible and lasting improvement with our Dermalux LED Power Plan. From the very first treatment, Dermalux LED instantly boosts the complexion to restore vitality and glow. An intensive skin activation programme of 12 treatments taken in close succession offers cumulative benefits and can be targeted to specific skin concerns.

30-mins \$920 weekdays | \$1000 weekends



MASSAGES

OMG SIGNATURE ACCUPRESSURE

The name pretty much sums up our signature massage designed to restore balance and wellbeing while relieving deep muscular tension. Incorporating pure essential oils chosen by you, intuitively, this is an all-encompassing experience that'll calm your body, mind, and spirit. Prepare to enter ultimate relaxation mode.

60-mins \$180 weekdays | \$200 weekends

90-mins \$245 weekdays | \$265 weekends

ROCK STAR HOT STONE

Looking to go a bit deeper? What's knot to love about this tension releasing massage using Australian granite stones, pure essential oils and rhythmic movements that penetrate at a muscular level to aid with chronic pain and muscle tension. A grounding experience that leaves no stone unturned – both literally and figuratively.

60-mins \$190 weekdays | \$210 weekends

90-mins \$255 weekdays | \$275 weekends

EARTHLY ELEMENTS AKWATERRA

Ordinarily we'd say you're in good hands at Osborn House, but when it comes to this massage, you're in good tools. Devised in the South of France and new to Australia, Akwaterra is a consciously crafted massage concept synergising earth and water. Using unique heated ceramic tools to apply pressure and fluidity throughout the body via deep rhythmic motions. Indulge in a truly transcendental endothermal experience that'll leave you feeling indebted to French ingenuity.

60-mins \$205 weekdays | \$225 weekends

90-mins \$265 weekdays | \$285 weekends

PREGNANCY MASSAGE

Designed to nurture and support expecting mothers, this soothing massage focuses on relieving tension and promoting overall relaxation. Tailored to your needs, this experience ensures you feel rejuvenated and cared for.

(Medical clearance required)

60-mins \$190 weekdays | \$210 weekends



Enhance your Osborn House spa experience by adding an extra touch of relaxation. Extend your time in the spa or unwind in our stunning grounds for a truly indulgent day. Add-ons and day passes are available exclusively with a spa treatment and are priced per person.

TREATMENT ADD-ONS

Refresher Facial

Tailored to your skins needs this refreshing facial restores skin to its natural PH level leaving you glowing

30 mins | \$90

LED Treatment

Add medical-grade LED light therapy with the Dermalux Tri-Wave MD system. This advanced technology combines blue, red, and near-infrared light to improve skin clarity, boost collagen production, and reduce inflammation for a radiant, healthy complexion. Renowned as a gold standard in light therapy, Dermalux gently and effectively targets inflammatory skin conditions, aging concerns, and sensitive skin, delivering clinically proven results suitable for all skin types

30 mins | \$90

Hair & Scalp Nourishment

Ease tension with our relaxing Hair and Scalp treatment featuring a nourishing mask and soothing scalp massage.

30 mins | \$80

Massage Therapy

Add a massage focused on the areas you need attention most.

30 mins | \$80

EXTEND

Country Club Day Pass

Enjoy access to our luxurious wellness facilities. Swim in the 25m heated indoor/outdoor pool, play tennis, workout in the gym, or unwind in the Jacuzzi, traditional sauna or steam room.

All day | \$75 weekdays | \$85 weekends

Infrared sauna

Enhance your massage with a session in our state-of-the-art Jacuzzi 3-person infrared sauna. This wellness treatment uses far-infrared heat to promote detoxification, improve circulation, support muscle recovery, and reduce stress. Enjoy soothing warmth that eases joint pain and enhances relaxation, leaving you refreshed and revitalised.

45-mins | \$65 weekdays | \$85 weekends

Infrared Sauna sessions can be booked independently of other treatments. Pricing is per person, with the option to add a second person for an additional \$20.



TERMS & CONDITIONS

To enjoy your Spa experience to the fullest potential, please familiarise yourself with the Spa Guidelines.

FACILITIES - To indulge in our luxurious wellness facilities including a pool, sauna and steam room ,day passes are essential.
Please book ahead with our spa team.

Reservations - To schedule your preferred time and treatment, please contact our Spa team. Payment and contact details are required in order to secure your reservation.

Arrival Time - We encourage hotel and day guests to arrive 15 minutes prior to a scheduled appointment.

Dreamy Duo- Would you like to share your relaxation time? Upon booking, please request our designated treatment room big enough for two!

Health Conditions- Please advise us of any health conditions, allergies, injuries prior to your prior to your treatment.

Pregnancy- Certain spa treatments are not recommended whilst pregnant. If you are pregnant, please advise our spa team upon booking so we can help you to select the most suitable treatments.

Pregnancy Massage- We request a medical clearance to be provided prior to your massage with us to ensure the safety of you and your baby.

Take our Spa Home- All products used in your treatments are available to buy. To order your favourite products, or to discuss your individual needs with a therapist, simply email spa@osbornhouse.com.au. We will happily post products to you or deliver them to your room.

Parking- parking is available for non-hotel guests having treatments at the Spa.

Spa Etiquette-Our Spa environment is one of relaxation. Please respect all Spa guests' right to privacy and serenity. In designated men's and women's areas, we ask that guests wear swimwear or robes and towels provided when moving around these areas.

Age Requirement- Spa, pool and sauna guests must be at least 18 years of age.

Cancellation Policy- If you must reschedule or cancel your appointment, please notify the Spa at least 48 hours in advance of your appointment to avoid being charged the full-service fee.